

THE ALIVIZATOS® GREEK TREATMENT

Important Points to Remember

- ❖ Patients must fast beginning at midnight on the evening prior to receiving their first Alivizatos® Treatment. Water is allowed during the fasting period, but no food or coffee.
- ❖ Do not eat at least half hour prior to or 20 minutes following each subsequent injection of the Alivizatos® Greek Treatment. Do take any medications you are currently on unless your Doctor advised differently.
- ❖ On approximately Day Nineteen, the tests taken on Day One will be performed again to ascertain the progress of the patient.

During your last scheduled doctor appointment, collect from the hospital all of the medical information that you brought with you, including x-rays, etc. This is a mandatory requirement as mailing all of this documentation can be a problem from Mexico.

DR. ALIVIZATOS BLOOD TEST SCALE

Dr. Alivizatos stated that this method of blood testing is on a scale from 2.5 to 8.5. A reading of 3.0 or lower is normal. A reading above 3.0 indicates that there is an invasion and the higher the reading, the higher the invasion. As the body accepts this treatment, the count will normally lower. This does not mean that the cancer is dead; it means only that the body is accepting the treatment. (IBC Hospital will also perform an Augusti test, Live Blood Analysis, CBC, SMAC and Urine test to get a full analysis on each patient, where the Doctors may find and be able to heal many other problems the patient may have).

DR. ALIVIZATOS ORDERS

- ❖ Try to maintain an even body temperature during and after treatment for a period of at least three months. Avoid direct sunlight, hot baths, hot showers or cool drafts.
- ❖ No swimming and no hot tubs during and for four months after treatment. Sexual activity raises blood pressure and body heat; please try to abstain.
- ❖ Take exercise in small doses. Walking is good and highly recommended, but do not over do it. No jogging, no exertion; it is best to maintain an even body temperature.
- ❖ Stress is what triggers cancer. Keep your stress level at a minimum and try to eliminate any emotional problems. Learn to manage stress.
- ❖ Rest is extremely important. Rest an hour each afternoon and get a good night's sleep.
- ❖ Avoid birth control pills, hormones, and sleeping pills unless absolutely necessary and prescribed by your doctor.
- ❖ The intake of water (minimum 8 tall glasses per day!) is very important as this flushes the dead cancer cells and other impurities from our system.
- ❖ You will find things go a little bit slower in Mexico than at home... be patient.
- ❖ You have come to Mexico for only one purpose and that is to get well. There are other people taking different treatments than what you have chosen. 35% of your getting well is your faith in what you are doing, 35% is your will to get well, and 30% is the Lord. Keep your stress level to an absolute minimum. Have faith and get well.